



Sarah Roberts: Silkworm
Tour press release including images [here](#)

How did you get started in comedy?

I started performing comedy in my late twenties. I'd studied Creative Writing at university, and I had held down some low paid writing jobs since. But I hadn't written anything of my own since leaving uni. I'd never thought about performing, but I was stuck creatively; then a friend of mine started doing stand up. And I decided to give it a go.

My first gig was at *Comedy Virgins* at London's Cavendish Arms, sometime in Summer 2019. It went well, surprisingly. I won a tiny trophy for best of the night. I quit my job the next day at a photography magazine, and here we are.

Tell us about the show?

Silkworm is about the stories we tell ourselves, and other people, about who we are. It reflects on how exhausting it is to be a perfect girl and fit into all these boxes. And it tries to find lightness in the shadier experiences of womanhood.

It's also a love letter to my younger self. I wrote the show I would have wanted to see when I was in my early twenties. I got double jaw surgery to 'correct' a 'facial deformity' when I was 21. The show reflects on that experience, and how it feels to be told every day you're facially deformed (spoiler! Not good!). It's about realising you've actually been perfect all along, even though the world is constantly trying to change you.

The show also has a lot of embargoed gossip in it. Audiences can expect a circle of secrets, but all the secrets just happen to be mine. If you like oversharing, horrid nasty women, and flirting, then I think you'll love it. If you hate laughter and gossip, then I'm sorry I can't help you.

How have audiences reacted?

Really well! It's been such a fun show to do, and I love speaking to the audience and getting to know them. I try to curate a chaotic sleepover vibe at every show. So far, everyone has understood the assignment.

Why are you addicted to Candy Crush?

I just love to dissociate. My obsession with *Candy Crush* started when I was in this interim period, waiting to get double jaw surgery. At 15, I'd been told I was eligible to get the surgery because I was "medically deformed enough", but I had to wait until I was 21 to get it. So as a teenager, I felt like I was in this limbo, waiting in the wings of my life to become the perfect version of myself. Playing *Candy Crush* was a relief because when I was playing it I wasn't thinking about how I looked, I could be free! My only advice would be, don't use Klarna to buy new lives on *Candy Crush*.

Do you still make films?

Yes! I have a couple of short films in the works, which I'm so excited about. I can't tell you much about them at the moment. But one of them is called *Death To Hot People*. It will be as annoying as it sounds.

What else is new for you in 2025?

I'm working on a sitcom script, and a new live comedy show called *Scary Movie 7*, which I'll be taking to festivals in 2026.

Why is the show called Silkworm?

My friend Bebe helped me come up with the name, *Silkworm*. Silkworms are a perfect analogy for the feeling I'm trying to convey in the show. They've also been perceived wrong, they're not even worms, they're actually moths. The show is about waiting in the wings of your life to become the perfect version of yourself before you feel ready to get out and start being alive. I always felt like I was in a cocoon waiting to become a beautiful moth, but I've actually been one all along.

How has the show changed since Edinburgh Fringe?

It's sillier! It's bigger! It's got an extra person in it, but I won't reveal who. You'll have to come and see.