

**10 x 4 and 5-star reviews at Edinburgh Fringe 2024**

**2024 Dave Joke of the Fringe Top 10**

**Nominations for ISH Comedy Award and for Comedian's Choice 'Best Show' for the second year running**

**Chelsea Birkby makes a double debut, with her first tour, *This Is Life, Cheeky Cheeky*, between Jan - Mar 2025**

**Meanwhile, Chelsea's debut special, *No More Mr Nice Chelsea*, will be released on YouTube on Monday 23rd December**



**'There's a sharp mind behind the sweet exterior... Birkby wins the audience's affection so thoroughly. As her writing credits on *Mock the Week* suggest, she knows how to craft a well-made one-liner.'**

**★★★★ The Telegraph**

After a sensational Edinburgh Fringe (10 x 4 and 5-star reviews, Dave's Joke of the Fringe Top 10, ISH Comedy Award longlist, Nominee Best Show Comedian's Choice for the second year running), **Chelsea Birkby** embarks on her debut tour with ***This is Life, Cheeky Cheeky*** - a smart, silly, surprising show about lust for life, and also – ass. Meanwhile, you can check out Chelsea's first ever Edinburgh Fringe show, ***No More Mr Nice Chelsea***, on YouTube from Monday 23rd December - via <https://www.youtube.com/@chelseabirkby>

Chelsea has bipolar disorder. Allegedly. She doesn't think she has it anymore, but her doctor tells her that's a "classic sign". She's done a lot of things to overcome despair: try to go viral (good for mental health), appreciate art (National Gallery Top Trumps), read important texts (The Bible but also the Maroon 5 guy's sexts), watch YouTube workouts (literally just watch them) and try really hard to meditate (which only makes it worse). But what if it's not about doing, it's about being?

***This is Life, Cheeky Cheeky*** is a show about choosing to be in the moment, a mind and a body. It's about embracing desire. Like, embracing it really, really hard.

With some help from the greatest minds – Camus, Kant and her Nan – Chelsea unpacks the big questions, like: can sexual objectification be empowering? How do we live the good life in an absurd world? And, why does ass mean so much in today's society?

Expect a collision of high and low brow, silliness and sorrow, tightly written jokes and conversational spontaneity.

**'Chelsea Birkby really does carve a new niche for herself on the comedy scene, combining cheeky comedy with a cerebral bite. Birkby is a sharp, intelligent comedian and her witty observations on life will make you laugh and think in equal measure.'**

★★★★★ EdFringe Review

Chelsea regularly performs her cerebral, cheeky and open-hearted stand-up at the UK's top comedy clubs (including Angel Comedy, Backyard and Komedia) and headlining beloved nights Jericho Comedy and XS Malarkey. She's regularly invited to perform in unconventional spaces (The National Gallery, Oxford Debating Hall, Cheltenham Literary Festival) as well at venues in the US, France and Germany. Chelsea also co-runs a sell-out monthly female-led stand-up night in Bristol with Eva Bindeman.

She was a finalist and runner-up in several prestigious comedy competitions including **So You Think You're Funny** and **Leicester Square Theatre New Comedian of the Year**. She was tour support for **Helen Bauer, Ed Patrick, Celya AB** and **Fern Brady**.

Chelsea has been seen on the **BBC New Comedy Awards** and heard on **Radio 4's Sideways, Today, Radio 4 Extra's The Comedy Club** and **5Live's Nihal Arthanayake**, Times Radio and various podcasts including Richard Herring's Leicester Square Theatre Podcast **Trusty Hogs** with Helen Bauer and Catherine Bohart.

She's written for several series of BBC's **Mock The Week** and for BBC Radio 4. Her commentary has been featured in **The Independent** and in **Metro**.

Chelsea's highly acclaimed debut, **No More Mr Nice Chelsea** (10 x 4.5 and 4-star reviews), won **Best Debut (Amused Moose Awards)**, was nominated for **Best Show (Comedian's Choice Awards)** was mentioned on **BBC Radio 4's The Today** Programme, was listed in the funniest jokes of the fringe in **The Times** (twice!) and **The Telegraph**, and transferred for a sell-out run at London's Soho Theatre. **This Is Life, Cheeky Cheeky** was Chelsea's second Edinburgh Fringe hour and was created with direction from Daniel Emery and Molly Stacey. It received 10 x 4 and 5-star reviews, a placing in the **Dave's Joke of the Fringe Top 10**, nominations for the **ISH Comedy Award** and, for the second year running, **Best Show Comedian's Choice**, as well as featuring in the **Best Jokes of the Fringe** collections for **The Times, The Telegraph** and the **Edinburgh Evening News**.

Chelsea's first hour show, *No More Mr Nice Chelsea*, will be available on YouTube on Monday 23rd December via <https://www.youtube.com/@chelseabirkby>

'Well-observed material delivered with sharp comedic instincts ... whip-smart stuff.'

★★★★.5 **Quintessential Review**

'Packed with gags at a great hit rate... a real star in the making, Birkby will no doubt soon be playing to bigger crowds and bigger rooms and it'll be well deserved.'

★★★★.5 **The Sunday Post**

'You cannot help but really like her.'

★★★★.5 **The Phoenix Remix**

'One of the most unique stand-up shows at this year's Fringe.'

★★★★ **The Wee Review**

'Her lines are so good ... a very charming hour.'

★★★★ **Chortle**

'A pure joy to watch.'

★★★★ **Mumble**

'Wears her obvious intelligence lightly and with disarming self-deprecation.'

★★★★ **British Theatre Guide**

★★★★ **Mervyn Stutter's Pick of the Fringe**

'A hugely promising and already accomplished stand-up, surely destined for greater things.'

★★★★ **The Scotsman**

'A seriously promising show – deceptively smart, tightly structured, and delivered with chatty charm.'

★★★★ **Fest**

'Chelsea's a natural and delivered a show that you'd expect for someone who has been playing Edinburgh for years.'

★★★★ **RGM**

'Chelsea Birkby has the material and demeanour of a comedian who could make it all the way to the top... her new comedic style has been established as a sort of polite rock star. It's certainly unusual, but it's hilarious.'

★★★★ **Entertainment Now**

'Peppered with good gags and a wide spectrum of pop-culture references, Birkby is a winsome and funny stage presence.'

★★★★ **ThreeWeeks**

'Chelsea is funny, so funny, without dumbing down her intelligence. I always look forward to what she's doing. She's brilliant.'

**Laura Lexx**

'Everybody loved Chelsea's Edinburgh debut. It drew huge crowds and garnered a stack of great reviews. The buzz is that *This is Life*, *Cheeky Cheeky* is even better.'

**On the Mic**

**Social media links via:** <https://linktr.ee/chelseabirkby>

**Website:** <https://www.chelseabirkby.com/>

**Clips:** <https://www.youtube.com/watch?v=Bb8k9s3eLHQ&feature=youtu.be> & <https://drive.google>

**Full Listing:**

**Title:** Chelsea Birkby: This Is Life, Cheeky Cheeky

**Age:** 16+

**Duration:** 1 hour (+ support in Cheltenham, Oxford, Edinburgh, Brighton, Manchester, Bristol)

**All dates via:** <https://www.chelseabirkby.com/>

**Saturday 18<sup>th</sup> January, 8pm**

**CHELTENHAM, Everyman Theatre**

<https://www.everymantheatre.org.uk/shows/this-is-life-cheeky-cheeky/>

**Friday 21<sup>st</sup> February, 7.30pm**

**LEICESTER, Real Ale Classroom**

<https://comedy-festival.co.uk/events/chelsea-birkby-this-is-life-cheeky-cheeky/>

**Friday 7<sup>th</sup> March, 7pm**

**OXFORD, Common Ground**

<https://www.ticketsource.co.uk/erichocomedy/t-Ingmmem>

**Thursday, 13<sup>th</sup> March, 7.30pm**

**EDINBURGH, Monkey Barrel**

<https://www.seetickets.com/event/chelsea-birkby-this-is-life-cheeky-cheeky/monkey-barrel-comedy/3216366>

**Wednesday 19<sup>th</sup> March, 8pm**

**BRIGHTON, Komedia**

<https://www.komedia.co.uk/shows/chelsea-birkby-this-is-life-cheeky-cheeky/>

**Thursday, 20<sup>th</sup> March, 8pm**

**MANCHESTER, Grub**

<https://www.seetickets.com/event/chelsea-birkby-this-is-life-cheeky-cheeky/grub/3233741>

**Friday 28<sup>th</sup> March, 7.30pm**

**BRISTOL, Basement 45**

<https://www.tickettailor.com/events/bristolcomedyclub/1472202>

**High resolution press images available [HERE](#)**

**Credit Esme Buxton**

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