

Edinburgh Fringe 2016: Comedy



## Liz Miele: Mind Over Melee

Underbelly: Delhi Belly  
Aug 4-28 (not 15) @ 6.40pm

**'Miele's dry, no-nonsense stories are packed with smart lines and peppered with unexpected, vivid imagery.'**  
Time Out London

After her viral hit *Feminist Sex Positions* and the success of her first album *Emotionally Exhausting*, **Liz Miele** brings her latest hour, **Mind Over Melee**, to the Edinburgh Fringe, her debut at the festival.

**Mind Over Melee** is a journey into the world of an outspoken but anxiety-ridden New Yorker.

Travelling through Europe alone, **Liz Miele** battles her physical health, hereditary mental illness, dating, and her ongoing mission to conquer adulthood. It's a tall order, but Liz meets the challenge with skewed logic, some anger, and plenty of sass and wit.

**'With a sharp mind, she takes on a wide range of topics that flow together seamlessly...channelling personal insecurities and anxieties into positive energy.'**  
The Laugh Button about Miele's previous hour 'Emotionally Exhausting'

Originally from New Jersey, **Liz Miele** started doing stand-up at 16 in New York City. At 18 she was profiled in The New Yorker Magazine, at 22 she appeared on **Comedy Central's Live at Gotham**. She recently appeared on **AXS TV's Gotham Comedy Live**, **Hulu's Coming to the Stage** and **Fox's Laughs**.

Liz regularly tours with the **Nobodies of Comedy** and **Armed Forces Entertainment** and just finished performing on a book tour for **Chris McDougall**, author of *Born to Run*. Liz has been profiled in **Huffington Post**, **Psychology Today**, and **The Guardian**.

She's completed three European tours and just finished writing and producing season one of her animated web series *Damaged*, and has also co-produced and co-starred in 40 episodes of web series *Apt C3*.

Screen shot of one of the three infamous Feminist Sex Positions, notching up over 1.6m views:



**'Dry, smart stand-up'**  
London is Funny

**'Hilarious and genius!'**  
Huffington Post about Miele's "Feminist Sex Positions" joke

**'Liz is funny. That is all that matters, right?'**  
Jim Gaffigan

**Full Listing:**

**Title:** Mind over Melee

**Venue:** Underbelly, Delhi Belly

**Web:** <http://www.underbellyedinburgh.co.uk/whats-on/liz-miele-mind-over-melee#select-a-performance-jump>

**Tel:** 0844 545 8252

**Dates:** August 4-28 (not 15)

**Time:** 6:40pm

**Age:** 14+

**Duration:** 1 Hour

**Entry:** £11.50 (£10.50) except previews 4, 5 August, £7

**For images:** <http://tinyurl.com/hoshlh7>

**Liz's Website and Social Media:**

**Web:** [www.lizmiele.com](http://www.lizmiele.com)

**Facebook:** [www.facebook.com/lizmielecomedy](http://www.facebook.com/lizmielecomedy)

**Twitter:** @lizmiele

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