



See our
Festival and
Fringe
reviews,
p 24

FIVE PICKS FOR TOMORROW

THEATRE

FRINGE: Request Programme

Meet at Otherplace box office in Kensington Street, Brighton, 01273 917272, £10/8.50, 3pm on May 13, 16-17, 20, 23-24; 7pm and 9pm, May 13-16, 18-23
A wordless play in a private flat, a portrait of loneliness and desperation.

COMEDY

FRINGE: Wolf Meat

The Marlborough Theatre, 01273 917272, until Friday, £9.50/£7.50, 7.30pm
A dirty, absurdist, comedic retelling of Red Riding Hood, with a live score, set in Grandma's Croydon drug den.

COMEDY

FRINGE: Phil Buckley's Big Ideas

Caroline of Brunswick, 01273 917272, until Friday, £5, 9pm
A stand-up show from a man in search of some big ideas, labelled "top class" by Time Out.

MUSIC

FESTIVAL: Teyber Trio

Brighton Dome Studio Theatre, 01273 709709, £10, 1pm
Violin, viola and cello combine to perform pieces of chamber music by Mozart and Schubert.

TALK

FESTIVAL: Rachel Holmes

Brighton Dome Studio Theatre, 01273 709709, £10, 8pm
The author talks about the multi-faceted figure of Eleanor Marks, the subject of a biography by the writer.

5-minute PITCH



Sian Reese-Williams, one of the performers in The Initiate, answers some quick-fire questions:

What's your show about?

It's a play about identity and belonging – what it means to be British as a migrant and the national perception as a whole. But it is also a very human story of one man's struggle with his sense of worth and the ownership of his values.

Why should someone come and see your show?

It's a tense thriller. It really plays with and questions both sides of the debate. But, at the heart, it's an incredibly moving piece too. It captures the sense that everyone can feel completely lost and unsure of what they stand for – whatever their background.

What is your motivation for putting this on?

I think within the current political climate it's an incredibly relevant piece of theatre. The worrying rise of nationalist views in this country demands writing like this. It's hugely important that we acknowledge and question those views at all times. And this play does so beautifully.

Do you have a favourite festival moment?

I've yet to have a chance to explore. It's been a busy week launching three shows but I hope to catch some stuff this week.

Would grandma and the kids enjoy your show or is it for a special audience?

It's certainly not for little people! But I'm sure your grandma would learn a lot if you brought her along!

The Initiate takes place at Roundabout in Regency Square until Friday at 7pm, on Sunday at 8pm and on Thursday, May 21, and Friday, May 22, at 7pm.



Children and parents were entertained by The Biggest Marionette Circus In The World on Sunday, which runs at The Warren in Brighton until Friday. Call 01273 917272 for tickets, inset below is Jenny Kondol and Holli Dillon, right

Shows with a message

PERFORMANCE is not just about entertainment – sometimes there is a moral message, too.

Three shows at Brighton Fringe this year explore one topic that both writers feel needs to be shouted about: eating disorders.

Jenny Kondol, a Scottish theatre-maker, bring a solo show to Brighton called Time To Talk To Jane.

Inspired by her personal experiences fighting bulimia and depression, she hopes to discuss an eating disorder she feel is "never really talked about".

She said: "I give my audiences a raw and honest, yet charming and funny account of life with bulimia.

"I want to spread awareness and prevention of these conditions, giving

by **ADRIAN IMMS**
adrian.imms@theargus.co.uk

audiences an understanding of the difficulties those with this illness face."

Ms Kondol deploys drama, dark comedy, clowning and silliness to make the issue accessible to the audience.

She said she struggled with health problems for eight years and was too ashamed to speak up and seek help.

Ms Kondol believes the importance society places on image is one of the contributing factors.

She said: "I want to see a change in a generation where self-worth and success are measured disproportionately by image. Through

this play, I want to encourage others – particularly young people – to challenge the media and public obsession with image and 'look'.

"My goal is to engage as many people as possible, in an intimate setting, to re-think their perceptions of those with an eating disorder."

The show runs tonight, tomorrow and Thursday at The Warren: Theatre Box in the grounds of St Peter's Church, Brighton. Tickets are £9.50/£8 and shows start at 8pm.

If you miss this, another show at the same venue also highlights eating disorders. Appetite is the work-in-progress and debut solo show by actress and self-described clown Holli Dillon. She explores the various and unexpected symptoms of having an eating disorder through clowning, puppetry and

mixed media.

Even through therapy she said couldn't talk about it.

She said: "Love is the reason we do everything – particularly the stuff we are less proud of. Bulimia was a destructive journey to self-love, but that journey was ultimately a way for me to create my character Dilly and her passionate, compassionate and, I hope, uplifting performances."

It runs on Saturday and Sunday at 4pm and Monday, May 18, and Tuesday, May 19, at 6.45pm. Tickets are £9/£8.

In addition, across the road at The Hobgoblin, Dave Chawner focuses on life after eating disorders, mental health and identity.

The hour-long stand-up show, called Normally Abnormal, premieres at the Fringe and runs on Saturday and Sunday, and then on May 23, 24, 25, 30 and 31. It starts at 6pm and admittance is through donation.



Josephine Osborne
Fantastic play #Roundabout @painesplough @brightfest #Lungs made me laugh, cry & gasp #RapidReview go see it!

Rachel Papworth
Wow! @brightfest I have NEVER seen anything like Dakhabrakha before. Stunning. #RapidReview

PetraJean Philipson

tweet BEAT

#rapidreview @brightfest @DanAyling1 #VastWhiteStillness elegant mesmeric & transporting. Portal into a Danish still forest-scape. Must see!

Cat Hogan
Vast white Stillness @brightfest beautiful, poignant, stunning setting #RapidReview

Jill
Just surfacing from Backstage at Biscuit Land - chaotic, poignant, fidgety, insightful and bloody funny! #bib! #rapidreview @brightfest

ObiGrae
Watching 'backstage in biscuit land'... So

very funny. Jess is so entertaining!

Jon Pointing
Thanks to @brightonfringe, me and @EdEales_White had a great show @WarrenTheatre @OtherplaceBTN Sun, laughter and well-maintained portaloos.

Olivia Wilkes
Can this week please be over already so I can get back to @brightonfringe?

